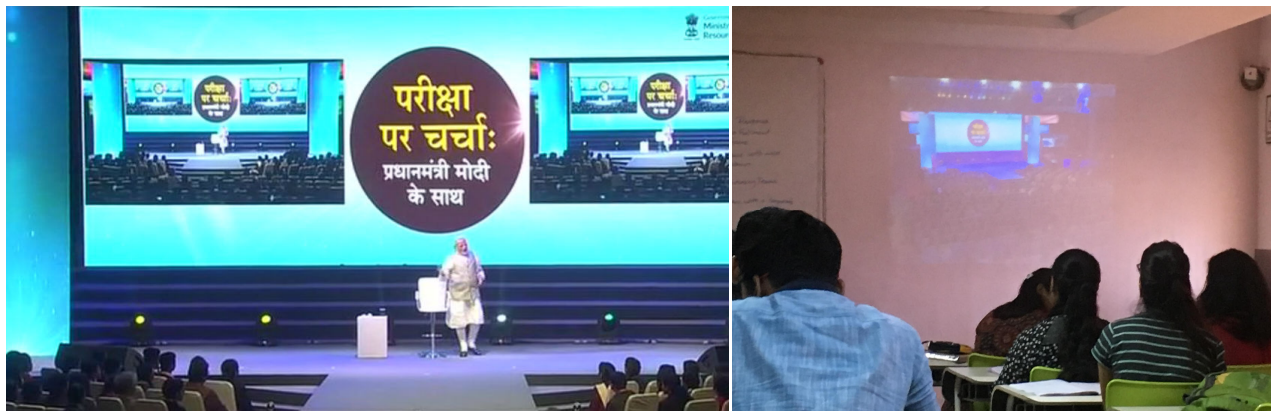


'Pariksha Par Charcha' by PM Narendra Modi

Live telecast at H K Institute of Management Studies and Research



Mumbai | 16.02.18: Prime Minister Shri Narendra Modiji shared stress-relieving techniques for examination with the students at Talkatora Indoor Stadium in New Delhi on 16 February 2018. The Live Telecast of “Pariksha Par Charcha” was organised at H K Institute of Management Studies and Research.

Prime Minister Shri Narendra Modi addressed students' on examination-related concerns, where students across the country participated. Prime Minister Shri Narendra Modiji held an interactive session with students to discuss the importance of stress-free exams. PM Modi addressed the students through a video conference and discussed exam-related issues faced by students. It has been learnt that lakhs of students from 2,000 school and colleges joined the discussion with Prime through video conferencing. PM Modi insisted that the students should not get worked up while answering exams and even charted a 'guide' for students on how to approach exams like a 'warrior'.

The PM's office received thousands of questions from students across the country from how to use yoga to deal with stress and parents' expectations. Some students also asked about how to deal with stress after being forced to choose subjects they are not interested in, peer pressure, competition, etc. The interaction titled *Making Exams Fun: Chat with PM Modi* addressed the importance to stay stress free during exams. The Prime Minister has addressed the issue of stress during exams in the past as well and has written a book, *Exam Warriors*, on the issue.

The session was very informative and interesting for all the students. The Live Telecast poised to be very helpful for the students of our Institute too.